

PROMOTION

THE WONDER OF WELLWOMAN

The advanced Wellwoman Plus Omega 3, 6, 9 formula contains all the benefits of Wellwoman original comprehensive nutritional supplement with the added benefits of omega 3, 6, 9. The omega oils come from fish oil, starflower oil, evening primrose oil, EP grade olive oil and vitamin E, selected for optimum strength and purity. This premium Wellwoman formula is designed for women who lead hectic lifestyles. It includes nutrients to help support healthy blood formation and energy release and helps to maintain healthy skin, immune system and hormone balance. Supporting general health and vitality so that you can look and feel great and perform at your very best, too.



NIGHT-TIME NOURISHMENT

Palmer's Night Renewal Cream is a rich, creamy night-time treatment that contains anti-ageing ingredients, including retinol and peptides, to increase collagen production, plump the skin and reduce fine lines and wrinkles. Anti-inflammatory evening primrose oil extracts help reduce redness and irritation, making Palmer's Night Renewal Cream gentle for use on all skin types. Loaded with pure cocoa and shea butters, as well as milk proteins, which are naturally rich in vitamins, Palmer's Night renewal Cream will awaken your skin to a more even and smoother appearance.



TOP SANTÉ WELLBEING DIARY

Incorporate these products into your daily regime for beautiful results

TOP TREND
Trend, the 100% natural, organic make-up from lavera, will enhance your natural beauty and create up-to-date looks. The bonus is that it also assists with anti-ageing, as Trend contains the current beauty must-have, Argan oil, which is packed full of vitamin E, carotenes, and 80% unsaturated fatty acids. To buy online and for stockist details, visit lavera.co.uk, RRP from £6.90.

THE EASY WAY TO ANTI-AGEING

This revolutionary anti-ageing supplement is hailed by celebrities as the beauty Holy Grail. proto-col collagen capsules have a unique formulation of type I and type II hydrolysed collagen, specially formulated to reduce the appearance of fine lines and wrinkles and reinforce aching joints. Normally £29.95 for 90 capsules, but take advantage of a special offer and get three jars for the price of two! Visit www.proto-col.com or call 0844 811 2906 to order.



ICY WHITE
Beverly Hills Formula Dentist's Choice Gum & Whitening Expert toothpaste helps nourish and strengthen gums, whilst also helping to fight plaque build-up on teeth. Gums stay protected, your breath is as fresh as an icy cool mojito, and in just one minute your teeth will be whiter, too. What more could you ask for?

BEAUTY ON THE GO
To give your skin a boost this autumn, try the new beauty supplement Help: Revitalise My Skin, which contains anti-ageing co-enzyme Q10 and skin-regenerating aloe vera. This delicious apple-flavoured supplement can be eaten on the go - it's the easy way to a healthy, glowing complexion! Help: Revitalise My Skin is priced at £9.99 and is available from Boots, Waitrose and workswithwater.co.uk